



UU Laramie news matters September, 2024

Unitarian-Universalist Fellowship of Laramie, 1402 Gibbon, Laramie, WY. 82072. 307 745-8874

Services for September

September 1st, 10 am, “Wisdom Sources” led by Catie Ballard.

There are many, many wisdom sources not just religious books!! Here's your chance to Bring a Wisdom Source that has meaning FOR YOU ...whether it be a poem, a one liner, a meme, a movie clip, a commercial, we catch clues in so many ways. Join Catie around the tables to share and discuss Wisdom Sources and look forward to many more formal and informal services around how we gather and learn to live Wisdom!

September 8th, 10 am, “What Does Ministry Look Like?” led by Barbara Bogart.

Join us for a roundtable discussion of the ways in which we care for one another, the Fellowship itself, and the broader community.

September 15th, 10 am, “Where Do We Go From Here?” led by Linda Meeker and Dan Elliot

Board President Linda Meeker and COM Chair Dan Elliott lead us in an exploration of the choices our Fellowship can make in the coming year.

September 22nd, 10 am, “Taking Refuge Beyond the Buddha, the Dharma and the Sanga” led by Lou Farley.

For non-Buddhists, where can I find shelter beyond religious beliefs, books or community? Lou is the spiritual director at hospice, a psychologist and a practicing Buddhist.

September 29th, 10 am, “The Ministry of Silly Walks—Monty Python for Everyday Life” led by Sara Saulcy and Catie Ballard.

Join us for fun and frivolity using Monty Python as one way to get out of the box!



Members and friends who would like to offer words/prayers of support for Ethan Lockwood, please go to the Caring Bridge website and sign up to share your messages with Ethan, Jeff and Nancy. Ethan was in a horrific accident about 2 months ago and is slowly healing.

Contemplative Yarns meets on Saturdays at 1:15 p.m. at the Fellowship. Please contact Sara Saulcy at s.saulcy@gmail.com for more information. When the weather is nice, we meet at the same time at Harbon Park kitty-corner from the Fellowship.

Calendar for September:

The next Board meeting is on September 4th, 5pm at the Fellowship. The next Program Committee meeting will be on September 19th at 5:15 pm, live/zoom.

UUFL Board:

Linda Meeker, Chair
ldangrous1@gmail.com
David Perry, Treasurer
dperry@uwyo.edu
Robin Chestek, Secretary
rchestek@gmail.com
Member: Jeff Lockwood
lockwood@uwyo.edu
Member: Sara Saulcy
s.saulcy@gmail.com

Laramie Zoom Room:
Meeting ID: 2907005294
No passcode needed

Bulletin Board

The Treasurer's report for the first two months of our fiscal year indicated pledges are coming in right on track (16%) and expenses are still in the summer time lull (5%). The Board also discussed the needs and activities of the Caring Committee.

Survey Request

"Hello, church family. My name is Bryant Moore. I'm a psychology student at Antioch University New England and have been a UU since 2017. I am now working on my dissertation and need adult participants to fill out a short survey at the link below. I am doing this study to develop a measure of wellbeing based on existential theory, a philosophy that focuses on things like a person's sense of meaning. For this research, I am looking at whether the measure of existential wellbeing is related to concerns people often have. You will be asked questions about physical, social, and psychological health, including your thoughts about mortality, isolation, meaning and purpose, depression, and anxiety. Participation is completely voluntary and may be discontinued at any time. It should take approximately 10-15 minutes. Your answers are anonymous, and I will not know who has participated or be able to link you with your answers. All information you provide will be kept secure. There is no compensation for participation, but I would greatly appreciate your help.

The Antioch University New England Institutional Review Board has approved this study. Should you have any questions about your rights as a participant, contact Dr. Kevin Lyness. He is the Chair of the Antioch University New England Human Research Committee (603)293-2149, klyness@antioch.edu. You may also contact Antioch University New England Provost, Dr. Shawn Fitzgerald, (603)283-2356, sfitzgerald3@antioch.edu.

If you have any questions about this study or participation, please contact Bryant Moore, mooredissertation@gmail.com. This study is being supervised by Dr. Kathi Borden, kborden@antioch.edu.

I hope you will click the link below and help me complete my research project.

Link: <https://www.surveymonkey.com/r/ZQQT6FC>

Thank you for your time and help."

To reserve the UUFL Building: Contact David Perry, 307 760-7879, dperry@uwyo.edu. See the current event calendar on the UUFL website. Covid Info: Please wear a mask if you are ill or have not been vaccinated; masks are suggested but not required. See UUFL covid policy on the UUFL website.

Please contact us if you would like to receive the **news matters** newsletter; check out the UU Laramie website, uularamie.org, and our **UUFL Facebook** page.

Robin Chestek and Ken Chestek (460-9139) maintain the Membership database; please contact Ken if you have changed your address or phone number.

If you have an item that Caring Committee should be aware of, please contact Jim Erdelyi (Chair) at 307 760-8274. Other Caring members: Ralph Garrett, Robin Chestek, Sara Saulcy can be contacted.